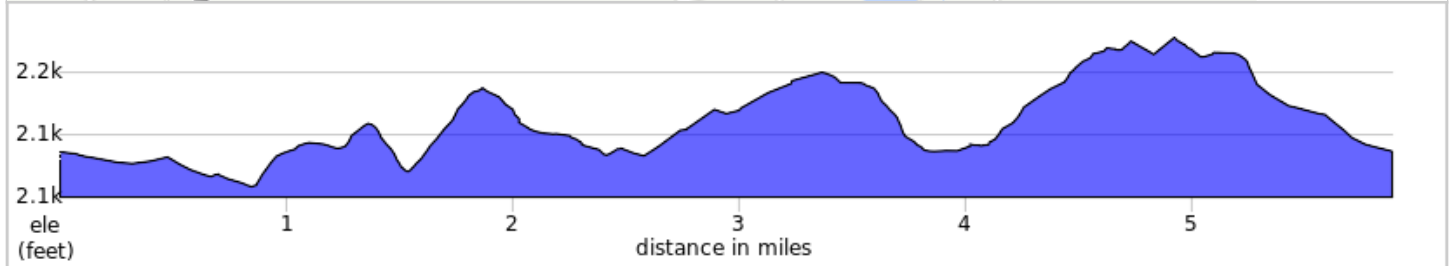
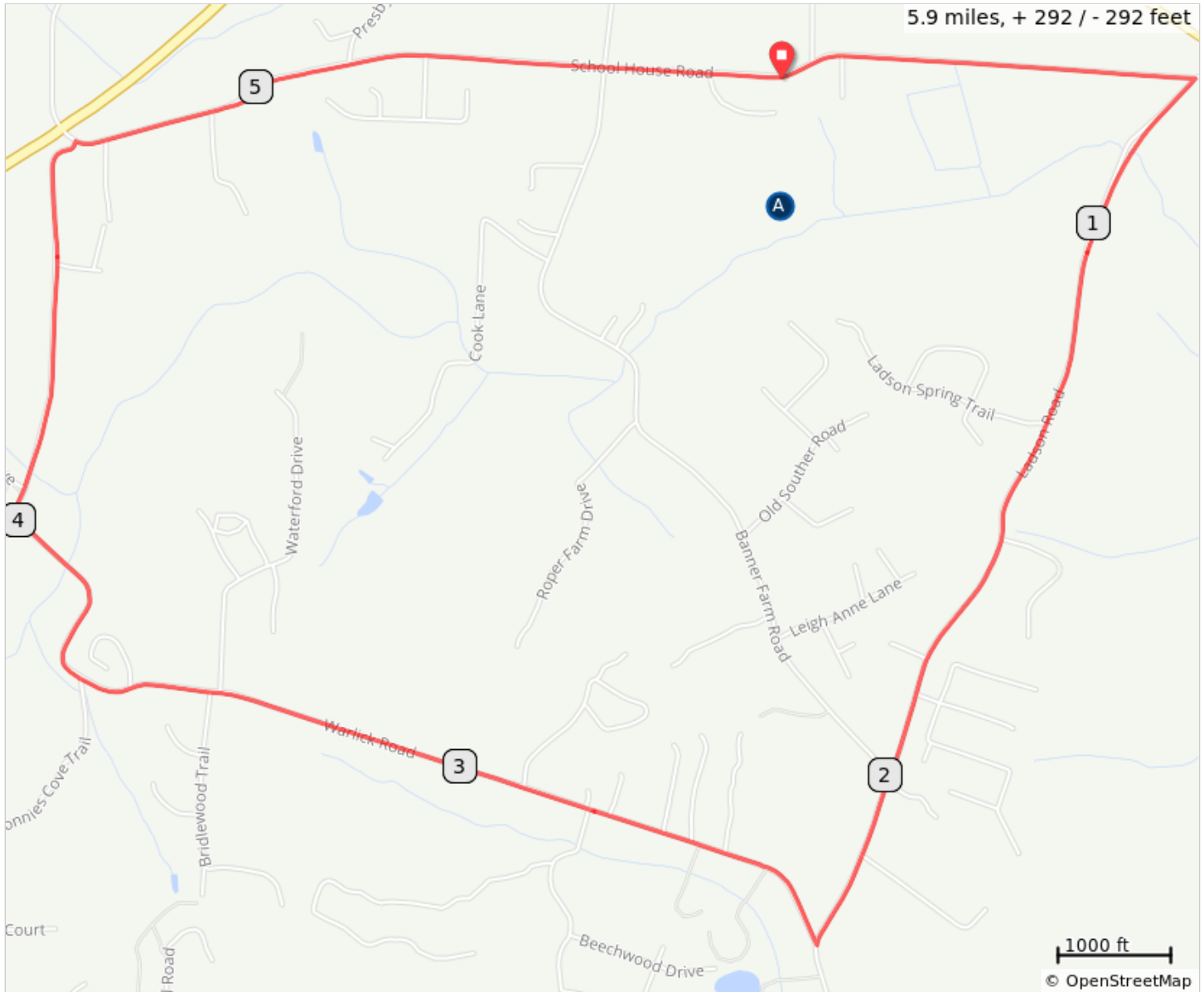


# MRVT Family Ride



Help support the Mills River Valey Trail. This family ride is 6 miles on low traffic roads. Helmets are required. Obey all traffic laws and stop signs.

## A. Rest Stop at Bold Rock



## MRVT Family Ride

Dist	Type	Note	Next
0.0	📍	Start of route	0.7
0.7	➔	R onto Ladson Rd	1.3
2.0	⬆	Continue onto Banner Farm Rd	0.3
2.3	➔	Sharp R onto Warlick Rd	1.7
4.0	➔	R onto Turnpike Rd	0.7
4.7	➔	R onto School House Rd	1.2
5.9	📍	End of route	0.0

5.9 miles. +296/-294 feet

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